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Get in touch

info@dentistatredhouse.co.uk

01527 63141

Redhouse

Prospect Hill

Redditch

Worcestershire

B97 4BG

www.dentistatredhouse.co.uk

We're celebrating!

Dentist@Redhouse has been looking after your smiles for almost 7 decades. In fact 2016 marks our 70th anniversary!

Of course the team has changed over the years. I came here in 1990, as did Receptionist Dawn and Dental Nurse Mandy, and we've been celebrating their silver anniversary. Together with colleagues, Dawn and Mandy are key to our [reputation](#) as a friendly and welcoming place. So I know that many of you will join me in congratulating them.



Our patients often come from generations of the same family, for everything from check-ups to dental implants.

We are constantly developing - offering the modern treatments, our patients deserve. So, if you've not been in for a while please do [get in touch](#), Dawn and Mandy, and everyone at Redhouse look forward to seeing you.

Dr Dinesh Phakkey – Director
**BDS MFGDP(UK) DPDS Dip Imp Dent RCS (Eng) FFGDP(UK)
PGCME**

PS – We're also on [Facebook](#) – hope you 'like' us!

Your winter health check starts here...

...and it starts with a stop - October is National Stop Smoking Month. Giving up cigarettes has so many benefits - including helping you to have healthier teeth and gums. Smoking encourages tartar to build up, causing gum disease and tooth decay. So why not make October the month you finally give up. Last year over a quarter of a million people committed to stop smoking in 'Stoptober' - you can too.

In November the focus is on mouth cancer with a month-long campaign to raise awareness of the condition. Smoking is a major cause, so is too much alcohol. But with early detection there's a 90% chance of survival which means it's important to get an oral health check with us.

We can help with a soft tissue [check-up](#) and advice on cleaning your teeth to make sure your mouth is healthy and your teeth are looking their best.

Book in to see a hygienist

Regular check-ups with our dentists are vital but in between visits there are many ways to keep your teeth healthy. Our hygienists help stop problems arising by showing how to take care of your gums, and by scaling and polishing teeth. They can also show you the correct way to clean your teeth. Get in touch with us and find out how [Pamela and the team](#) can keep you smiling between and during appointments.

News from the Team

We recently said goodbye to Dr Stephanie Hackett and Dr Ariff Razzak and are now welcoming two new dentists – Dr Lara Zebic and Dr Meghesh Shelat. They are both looking forward to working at Redhouse and becoming part of the Redhouse ‘Family’.

Dental Nurse [Amy](#) was recently recognised for her voluntary work at Newcross Hospital Wolverhampton. She offers hand and foot massage for oncology and haematology patients. Hospital directors presented Amy with a glass star and certificate, making Amy, and Redhouse, extremely proud.

We hope you enjoy hearing from us, but if you'd prefer not to receive further newsletters please let us know by emailing info@dentistatredhouse.co.uk
