

In This Issue:

- New information sheets
- Free Goodies
- Focus on White Fillings
- Redhouse Team News

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Always Happy to Advise

Have you ever left the surgery and thought “I wish I’d asked the dentist about....” ?

You might be wondering about the fluoride in your child’s toothpaste, or whether you’re brushing your own teeth correctly. Now you can get the answers – without having to wait till your next appointment.

On our [website](#) you’ll now find information sheets with advice on looking after your teeth and caring for them after treatments.

We’ll be adding more new ones over the coming months so if there are any subjects you’d like us to cover please do let us know. We’ll do our best to help and give you the information you need to keep your teeth and mouth in the best of health. Your peace of mind is always on our mind.

Dr Dinesh Phakkey – Director
**BDS MFGDP(UK) DPDS Dip Imp Dent RCS (Eng) FFGDP(UK)
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Denplan Patients Bag Some Free Goodies

If you’re packing your washbag for a holiday or work trip your toothpaste and toothbrush can take up a lot of space. But they can’t be left behind and travel size items are a good option.

So, our [Denplan](#) patients are in for a treat from this month. You can pick up a free goodie bag with travel size treats to let you look after your teeth wherever you go. It also has useful information should you need a dentist on holiday. And it’s one per patient so everyone in the family gets their own set.

Don’t forget to make your [appointment](#) soon. Holiday Goodie Bags are in the surgery now but when they’re gone they’re gone!

You’ll find more about the benefits of Denplan on our website.

Everything's all white!

Most people have a few fillings, and they're usually the amalgam kind. These are grey or silver in colour so they can be more noticeable. Composite fillings, or white fillings, have a more natural appearance and can help you smile more confidently.

Next time you need a filling from us why not think about a white one. The [procedure](#) is very similar to the amalgam version and they are equally strong and long-lasting. Or we can replace your existing amalgam fillings.

As white fillings are classed as cosmetic dentistry there is a [charge](#) but this may not be as much as you think.

News from the Team

We're known for our smiles at Redhouse! Your comments tell us that you really like our friendly welcome. So it's good news that one of our favourite smiley people - dental nurse [Charliene Byng](#) is back with Redhouse after her maternity leave. Welcome back Charl!

The Redhouse Runners have started their summer programme of fundraising adventures at the Great Midlands 8.5 mile Fun Run. They'll be out and about over the forthcoming months so check our website [news](#) section to keep track and please do support them if you can.

We hope you enjoy hearing from us, but if you'd prefer not to receive further newsletters please let us know by emailing info@dentistatredhouse.co.uk
