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Welcome to our 70th year

According to my diary 2016 has its fair share of significant dates -it's 400 years since Shakespeare died, the Queen celebrates her 90th birthday and, if he were with us today the author Roald Dahl would have been 100.



We're also having a birthday, Dentist@Redhouse has been looking after smiles since 1946. Later in this edition we hear from long-standing patient Mrs Ann Wilkinson. Please do get in touch to share your thoughts about Redhouse too, chat to us on your next visit, email us or follow us on [Facebook](#).

This really is a shared celebration – happy birthday to Redhouse and all our patients!

Dr Dinesh Phakkey – Director
BDS MFGDP(UK) DPDS Dip Imp Dent RCS (Eng) FFGDP(UK) PGCME

Are You Afraid to Smile?

If missing teeth are making you self-conscious then dental implants could be the solution. These are the most long-lasting way to fill in gaps between teeth. They can also help support fixed bridges and dentures. The [procedure](#) has two parts. First the Implant is placed in the jawbone and acts like the root of the tooth. Then the replacement crown (top part of tooth that you can see) is fixed onto the implant. This all takes place at Dentist@Redhouse under the professional care of Dr Dinesh Phakkey. [Get in touch](#) with us for a free consultation to help you decide if implants are right for you.

“Such a Happy Practice”

Mrs Ann Wilkinson has sent in 70th anniversary congratulations. She's been coming to us since the early 1980s. As a nervous patient Ann says she's always made to feel comfortable and is treated very well. Over the years she's been cared for by different colleagues and currently receives her regular check-ups from [Dr Adesanya](#). In between appointments our [Hygienists](#) have also helped ensure she's never had any problems. “*It seems such a happy practice*” she says “*The team are pleasant on the phone and when you go in for an appointment. I shall continue to travel to Redditch for as long as I can and wish you every success for the future.*”

Our thanks and good wishes go back to Ann. If you've been with us for a while, or are a more recent addition to our practice, we'd love to hear from you.

National Smile Month

Visiting the dentist is good for your teeth, and regular check-ups also help with many general health problems. Complications during pregnancy, strokes and dementia have all been linked to poor [oral health](#). Yet, one in four adults don't brush twice a day. National Smile Month (16th May to 16th June) highlights the importance of looking after your teeth, avoiding too many sugary foods and drinks and making sure you make a regular date with the team at Redhouse. But don't wait till May – make your [appointment](#) today!

News from the Team

We're pleased to announce that [Dr Dinesh Phakkey](#) has been re-appointed, for the fourth time, as a tutor on the Implant Masters course at the Royal College of Surgeons.

The Redhouse 'family' is welcoming two new members – trainee Dental Nurse [Hafsa Koyes](#) and Dental Nurse [Marinela Munteanu](#).

Earlier this year we were cheering on our own beauty queen – Ellie Sapstead has been a Redhouse patient since childhood, (she's also the niece of Dental Nurse [Charliene](#)). Ellie was a finalist in the Miss Worcestershire competition and we were delighted to be her sponsor

We hope you enjoy hearing from us, but if you'd prefer not to receive further newsletters please let us know by emailing info@dentistatredhouse.co.uk
